

# Your child can get lead poisoning if you work with lead.

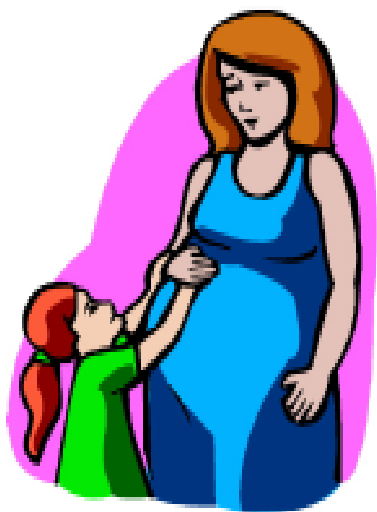


**You *cannot* see lead dust, but you can bring it home on your work clothes and shoes.**

The lead dust that is made from some kinds of work can get on your hands, face and clothes. Lead dust can get in your car, on furniture, floors and carpets. Your child can be poisoned by swallowing this lead dust.

## What can lead poisoning do to my child?

Lead can affect a child's growing body. The higher a child's blood lead level, the greater the risk to the child. Lead can harm a child's nervous system and may cause learning and behavior problems.



## How can I protect my child from lead poisoning?

- Change into clean clothes and shoes at work before you get into your car or go home. Put dirty work clothes and shoes in a plastic bag.
- Wash your face and hands with soap and warm water before leaving work.
- Take a shower and wash your hair as soon as you get home (or before leaving work).
- Wash work clothes separately from all other clothes.
- Contact the Childhood Lead Poisoning Prevention Program for more information.  
[www.dhhs.nh.gov/dhhs/clppp](http://www.dhhs.nh.gov/dhhs/clppp)

## How do I know if I work with lead?

Lead dust may be produced by the following activities:

### Manufacturing

Lead acid batteries  
Cable, wire products, solder  
Firearms, bullets, explosives  
Rubber or plastics

### Construction

Painting or paint removal  
Remodeling/ renovations  
Plumbing, glazing, brick laying  
Lead burning  
Construction/ repair of bridges, water towers, tanks  
Welding/ cutting materials with lead-coated or lead alloys

### Repair

Automotive radiator, autobody  
Ship repair  
Welding, cutting, sanding  
Grinding of lead alloys or lead-coated surfaces  
Soldering, electronics repair  
Repair work that disturbs lead paint

### Metal Working

(with lead-containing metals)  
Foundry work, casting, forging  
Grinding

### Hobbies

Home remodeling/ peeling paint  
Melting lead for fishing weights, bullets or toys  
Target shooting  
Using lead glazes in ceramics  
Backyard scrap metal recycling, radiator repair  
Stained glass making  
Burning painted wood in fireplaces

### Other

Shooting firearms  
Cleanup at firing ranges  
Using lead-containing paints, inks, pigments, glazes  
Municipal solidwaste incinerators



Childhood Lead Poisoning Prevention Program, Division of Public Health Services, NH Department of Health & Human Services



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